



Hindavi Swarajya Mahotsav 2024 Concludes in Grand Celebration

Pune (Voice news service):- The Hindavi Swarajya Mahotsav 2024, a spectacular tribute to the legacy of Chhatrapati Shivaji Maharaj, concluded in Junnar with resounding success. Organized by the Maharashtra State Tourism Department and Pune District Administration, the three-day extravaganza witnessed an overwhelming response, attracting over 9000 attendees from across the state and country. The Mahotsav, commemorating the 394th Birth Anniversary of Chhatrapati Shivaji Maharaj, commenced on February 17th, transforming Junnar into a vibrant hub of cultural fervor and historical reverence. The inaugural day featured a series of captivating events, including the Mahadurg Fort Walk at Shivneri Fort, Junnar town, followed by the inauguration of several key attractions such as the Adventure Zone and Zipline Arena promising thrilling experiences, the Heritage Walk at Junnar Fort offering insights into the region's rich historical heritage, the Art District at Bhutte Patil showcasing the cultural diversity and artistic talent of Maharashtra, the Food District at Bhutte Patil Ground tantalizing taste buds with a diverse array of culinary delights, the Tent City & Water Sports providing a perfect retreat for leisure and aquatic adventures, and the Concert Area at Bhutte Patil Ground featuring mesmerizing performances and cultural showcases. The highlight of



the day was the mesmerizing performance of "Shiv Mandavana - Powada" by Shahir Suresh Jadhav and the unveiling of Asia's largest play, "Jaanta Raja- MAHANATYA," portraying the life and valor of Chhatrapati Shivaji Maharaj. Continuing the festivities on February 18th and 19th, the Hindavi Swarajya Mahotsav 2024 unfolded with a myriad of activities and experiences, enriching the cultural tapestry of Maharashtra. Attendees were invited to partake in a diverse array of offerings, ranging from the adrenaline-pumping Marathon and Adventure Zone activities to the tranquil Heritage Walks and captivating cultural performances. Each day resonated with the spirit of celebration and reverence, providing attendees with unforgettable moments to cherish. Adding to the festivities were farm visits that enthralled the captivated vis-

itors and tourists alike. On February 19th, the Mahotsav culminated in a grand finale, offering a fitting tribute to the enduring legacy of Chhatrapati Shivaji Maharaj. The day commenced with the solemn Shiv Janmotsav celebration at Fort Shivneri, followed by a continuation of Adventure Zone activities and Heritage Walks, allowing participants to delve deeper into the historical and cultural treasures of Maharashtra. The day's highlight was the array of cultural performances, including the Maha Shiv Aarti and the captivating "Shivshambhu Shaurya Gatha" by Shiv Sahyadri, which enthralled audiences with its portrayal of the valour and courage of Chhatrapati Shivaji Maharaj. As the sun set on the final day of the Mahotsav, attendees departed with hearts full of gratitude and memories of a truly remarkable celebration of Ma-

harashtra's rich heritage. The event was graced by the presence of Shri Satyashel Dada Sherkar, Chairman, Vighnahar Sugar Mill, Junnar-Ambegaon; Smt. Ashatai Buchake, Member of the District Planning Committee; Chairman Sanjay Kale, Dy. Chairman Prakash Tajane; Shyamrao Pande, City Mayor, Junnar Nagarparishad; Dy. City Mayor Dinesh Pardeshi; Director - Tourism Mr. B. N. Patil; Provincial Officer Govind Shinde; DySP Ravindra Chaudhar; Mrs. Shama Pawar, Dy. Director - Tourism, Pune Division; Ravindra Sabnis, Tehsiladar, Junnar; B.D.O. Hemant Garibe; Babasaheb Jangle, Dept. of Archaeology and other officials from various departments. Several delegates and organizations were felicitated for their contribution in the Hindavi Swarajya Mahotsav. Shri. Girish Mahajan, Minis-

ter of Tourism - Government of Maharashtra said, "We are delighted to see the overwhelming response to the Hindavi Swarajya Mahotsav 2024, which underscores the rich cultural tapestry and diverse heritage of Maharashtra. We endeavor to continue promoting such events to showcase the best of Maharashtra to the world." Smt. Jayashree Bhoj, Secretary - Tourism, Government of Maharashtra said, "The Hindavi Swarajya Mahotsav 2024 has been a celebration of Maharashtra's rich cultural heritage and historical legacy. We are grateful to all the participants, organizers, and attendees for making this event a grand success and look forward to many more such celebrations in the future." Mr. B. N. Patil, Director - Tourism, Government of Maharashtra said, "Everyone contributed wholeheartedly to make Hindavi Swarajya Mahotsav 2024 a grand success. The Department of tourism will arrange innovative events such as this in the future, too. The festival was graced with the help of local representatives, Mr. Chandrakant Pulkundvar, Divisional Commissioner; Dr. Suhas Diwase, Dist. Collector of Pune; Mr. Ramesh Chavan, Chief Executive Officer, Zilla Parishad, Pune; Mrs. Shama Pawar, Deputy Director - Tourism and the local administration as well as the citizens, tourists and volunteers, directly & indirectly. I thank all for their valuable contribution.

Max ignites the fashion scene with the grand opening of its 500th store in Pune Solidifying its position in affordable fashion



Pune (Voice news service):- Pioneering the global fashion landscape, Max Fashion proudly unveils its 500th store in Pune, a pivotal moment in its illustrious journey that started in 2006 for India. This monumental occasion heralds Max Fashion's unwavering commitment to accessible fashion, as it extends its reach into new territories, captivating diverse markets with its timeless collection. Embracing the pulse of evolving trends, MAX introduces an eclectic collection to resonate with its discerning customers. In a bid to revolutionize the shopping experience, Max is set to revamp its stores nationwide to create a world class experience. Encompassing stunning stores, meticulously curated assortments, and an ambiance immersed in international style, the brand endeavours to captivate over 40 million families nationwide. These stores are set to be-

come even bigger fashion hubs. With a strategic focus on accelerating growth across markets, Max aims to fortify its stronghold in the fashion space, fostering meaningful connections with its consumers, nurturing brand love, and surging ahead in market dominance. Sumit Chandna, President & Deputy CEO of Max Fashion, exclaims, "We jubilantly commemorate the inauguration of our 500th store, a testament to our enduring mission of democratizing fashion. This milestone not only underscores our dedication to delivering fashionable yet affordable apparel but also pays homage to our cherished patrons and dedicated team members, the pillars of our remarkable journey. As we chart our course forward, we aspire to unveil 50+ additional stores this year, further entrenching our presence in the Indian fashion landscape." The ceremonious unveil-

ing of the store, graced by celebrity Jannat Zubair & Siddharth Nigam, unfolded amidst a kaleidoscope of festivities, enchanting over 100 young hearts and their families. A special treat awaited the little ones, offering them a chance to vie for a coveted spot in an exclusive Kids calendar shoot. Nestled in the thriving locale of Kondhwa, Max Fashion's newest emporium sets a new standard catering to the evolving demands of the suburban populace. With its sprawling expanse spanning 10,699 square feet across ground and plaza floors, the store beckons fashion aficionados into a realm of endless possibilities, showcasing an extensive array of fashionable apparel, footwear, accessories, and more, catering to every discerning taste. Pune, a cosmopolitan hub with a growing appetite for fast fashion serves as a key market for Max targeting the youth. As Max witnesses an exponential surge in patronage and an expanding number of enthusiasts, the brand remains steadfast in its commitment to responsible fashion. Championing initiatives aimed at mitigating environmental impact, championing ethical sourcing practices, and fostering community development, Max Fashion charts a course towards a more sustainable and inclusive future.

New One UI 6.1 Update Brings Galaxy AI to More Galaxy Devices

Pune (Voice news service):- Samsung Electronics announced the availability of Galaxy AI features on more Galaxy devices through a new One UI 6.1 update engineered to further the democratization of mobile AI. The update will be available across the Galaxy S23 series, S23 FE, Z Fold5, Z Flip5 and Tab S9 series, starting to roll out from the end of March. Aligning with the recently launched Galaxy S24 series, this update elevates the standard of users' mobile AI experience through a hybrid approach that combines on-device and cloud-based AI.

"Our goal with Galaxy AI is not only to pioneer a new era of mobile AI but also to empower users by making AI more accessible," said TM Roh, President and Head of Mobile eXperience Business at Samsung Electronics. "This is only the beginning of Galaxy AI, as we plan to bring the experience to over 100 million Galaxy users within 2024 and continue to innovate ways to harness the unlimited possibilities of mobile AI."

Kotak Announces Organisational Developments at the Leadership Level

Pune (Voice news service):- Kotak Mahindra Bank Ltd. ("KMBL" / "Bank") today announced the following appointments at leadership levels, giving impetus to its vision for "Accelerating Change" in becoming a customer-centric tech-enabled financial institution. Ashok Vaswani, MD & CEO, Kotak Mahindra Bank said, "I am delighted to share key leadership announcements that will shape the future of our group. These leadership changes demonstrate the value of stewardship and the depth of talent we have at Kotak." KVS Manian has been appointed as Joint Managing Director with effect from March 1, 2024. He will spearhead the growth of Wholesale Bank, Commercial Bank, Private Banking, Asset Reconstruction Division and Wholesale Credit. He will also continue to have oversight over the Institutional Equities and Investment Banking businesses of the Group. Shanti Ekambaram has been appointed as Deputy Managing Director with effect from March 1, 2024. She will continue to drive the growth of 811, Treasury and Global Markets businesses in addition to overseeing the functions of Human Resources, Group Marketing & Corporate Communications, Internal Vigilance, Internal Audit (administrative matters), Public Affairs, Corporate Social Responsibility and ESG. She will also continue to have oversight over Kotak Mahindra Financial Services Limited and Kotak Karma subsidiaries. Both Manian and Shanti have demonstrated a tremendous track record of building successful and purposeful businesses over their long association with the Group. Devang Gheewalla will succeed Jaimin Bhatt as the Group Chief

Financial Officer with effect from April 1, 2024. Jaimin Bhatt, Kotak Group's current Group Chief Financial Officer superannuates on March 31, 2024. Milind Nagpur has been elevated as Chief Operating Officer of the Bank with effect from April 1, 2024. He will continue to be the Bank's Chief Technology Officer and will take additional responsibility for Bank Operations, Group Technology Architecture and Cyber Security functions. In his new role, he will be responsible for building the critical enablers that will fuel our aspirations for scale. Paul Parambi has been elevated as Group Chief Risk Officer with effect from, March 1, 2024, thereby extending his role from the Bank to all Group companies. In his new role, Paul will be extending his expertise in assessing risk to our Group companies. KVS Manian, Whole-Time Director, Kotak Mahindra Bank said, "We are embarking on an exciting journey of growth and innovation, and I am honoured to step into this new role as Joint Managing Director. I am committed to working closely with my esteemed colleagues to drive our group forward, delivering value to our customers and stakeholders while upholding our core values of ethics and integrity." Shanti Ekambaram, Whole-Time Director, Kotak Mahindra Bank said, "I thank the Board and the leadership team at Kotak for entrusting me with the role of Deputy Managing Director. As we embark on the next phase of scaling up Kotak, I look forward to contributing to the continued success and growth of our group. I am committed to collaborate closely with the team to drive strategic initiatives, foster innovation and uphold our commitment to excellence."

8th International Diabetes Summit 2024 A game changer in India's fight against Diabetes

Pune (Voice news service):- Chellaram Diabetes Institute has organized its 8th International Diabetes Summit - 2024 from 15th to 17th March 2024 (JW Marriott, Pune) to tackle Diabetes and identify practical ways to tackle the growing menace of Diabetes and its complications. Prof Sunil Bhagwat (Director IISER, Pune) and Dr Narendra Kotwal (Commandant AFMC, Pune) will grace the inaugural function as Chief Guest and Guest of Honour respectively. Dr Gururaj Mutalik (Professor Emeritus, B. J. Medical College & Sassoon Hospital, Pune) will also grace the inaugural function. About 2000 delegates are expected to attend. The summit will cover talks on managing diabetes complications, cost-effective diabetes care, new advances and role of technology in

diabetes management. One of the important risk factors of diabetes is excess weight gain or obesity - and the treatment of obesity will be discussed in detail in the summit. Eminent international speakers from Mayo Clinic in USA, Imperial College, University of Leicester, University of Dundee, Keele University in the UK, Karolinska Institutet in Sweden, Stellenbosch University in South Africa, National University of Singapore in Singapore and over 70 renowned Indian faculty members will speak at the summit. Over 80 young researchers will present free papers to win the Chellaram Foundation Diabetes Research Awards - 2024 Basic and Clinical Science Categories (Rs 2,00,000 and Rs 1,00,000). Children and adolescents



with Type 1 Diabetes will participate in "Run for Diabetes" - 3 km marathon organised by Chellaram Diabetes Institute and the Blue Circle Foundation on Sunday 17th March. Mr Lal L. Chellaram, the Patron of the 8th International Diabetes Summit 2024 and the Chairman of Chellaram Diabetes Institute, says "The Chellaram Diabetes Institute is at the fore front of tackling the diabetes epidemic, via clinical care, research, education and awareness initiatives". Dr Unnikrishnan AG, C.E.O. Chellaram Diabetes Institute, says, "The 8th International Diabetes Summit 2024

offers a necessary academic bridge where eminent Diabetes experts contribute their knowledge about diabetes care strategies thereby effectively helping save lives". Dr (Brig.) Anil P Pandit, C.M.D. Chellaram Diabetes Institute, says "Chellaram Diabetes Institute is equipped with hi-tech and state-of-the-art facilities and services under one roof which enables us to be at the forefront in the fight to tackle Diabetes and its complications". The 8th International Diabetes Summit - 2024 aims to provide comprehensive knowledge about Diabetes and its complications to Indian health care practitioners.

Dalmia Cement elevates its commitment to home builders with a bold new brand positioning as the Roof Column Foundation

Pune (Voice news service):- Taking the onus of guiding and assisting customers with right usage of cement in the most critical part of the house i.e. Roof Column Foundation, Dalmia Cement is making a tectonic shift in its brand focus with its new campaign "RCF Strong toh Ghar Strong". The new customer-centric messaging is aimed at creating awareness amongst the home builders and contractors in choosing the right cement, using it in the right way and following best construction practices to build their dream homes. Commenting on the initiative, Shri Puneet Dalmia, MD & CEO, Dalmia Bharat Limited, said, "During our illustrious journey over the last eight decades, Dalmia Cement has stood shoulder to shoulder to build our nation from its roots, contributing to create iconic national landmarks as well as happy homes for millions. As individuals, we cherish our homes which hold a profound value and place in our lives. Thus, constructing such a generational asset with the proper application of cement and technical expertise not only ensures structural integrity, but also represents an investment for life." "Our new brand campaign manifests not just an eminent legacy, but also a commitment to consumer centricity - it conveys

a core message that building a home with due care means building it for generations to come," he said. Commenting on his collaboration Superstar Ranveer Singh shared, "I have always admired Dalmia Cement for contributing to the construction sector for over 80 years. I am happy to partner with the company & advocate for the vital importance of Roof Column and Foundation in home construction. Together, we aim to educate individuals to make informed choices, ensuring that every structure stands the test of time." Mr. Sameer Nagpal, COO, Dalmia Cement (Bharat) Ltd. shared, "We believe that the brand must play a vital role in consumer's lives so that they can make informed choices. Dalmia Cement has over the years developed proprietary know-how of optimising cement recipe that makes it most suitable for Roof Column and Foundation. These are the most critical elements in the structure of the house and are responsible for its strength and longevity. In addition to providing the right cement for RCF, we also have a strong on-the-ground technical workforce which assists home builders and contractors in using the cement in the right way. The RCF campaign brings to fore this value proposition".

Finolex Cables Expands its Footprint in Maharashtra with a Significant Investment of Rs. 580 crores



Pune (Voice news service):- Finolex Cables Ltd., a key player in the optic fibre cables sector, has taken a substantial leap towards fostering economic growth and development by formalizing a Memorandum of Understanding (MoU) with the Department of Industries, Government of Maharashtra. This strategic partnership sets the stage for Finolex Cables' significant investment of Rs. 580 crores, marking a noteworthy milestone in the company's expansion efforts within the optic fibre cables industry. The envisioned investment is strategically aligned with the Honorable Prime Minister's vision of providing last-mile optical fibre-based connectivity to every village in the country. Anticipating a surge in demand, Finolex Cables is positioning itself to cater to the increasing need for optic fibre cables (OFC), fueled by the nationwide 5G roll-out and the growing requirement for fiber-to-home connectivity. Under the terms of the MoU, the

Government of Maharashtra has committed to actively supporting Finolex Cables Limited in obtaining the necessary registrations and approvals from the relevant state departments. This collaboration is anticipated to facilitate a seamless and successful implementation of Finolex Cables' ambitious expansion project, contributing significantly to the region's economic development and employment opportunities. Speaking on this occasion, Finolex Cables Limited, Deputy CEO & CFO, Mahesh Viswanathan, expressed enthusiasm about the expansion plans and the collaborative effort with the Government of Maharashtra. "This strategic investment reinforces our commitment to contribute to the state's economic development and create employment opportunities. We are grateful for the support from the Government of Maharashtra, and we look forward to a seamless and successful implementation of our expansion project."

Gameskraft releases Trust Report for RummyCulture evincing its commitment to Fair and Responsible Gaming

Pune (Voice news service):- In a groundbreaking and pioneering move, India's leading homegrown skilled online games company Gameskraft has released a Trust Report for its prominent online rummy platform RummyCulture, offering a comprehensive look inside the platform's fairplay practices, player support measures, and safety implementations. The unique report provides statistics across various categories of play on the platform and elaborates on responses taken to address user grievances. Gameskraft has committed to releasing this report providing rich insights on a monthly basis on its RummyCulture website. As a leading operator in the skilled real money gaming (RMG) industry, RummyCulture's report is crucial and pertinent to the sector's prospects. With RMG companies going through a period of reduced user trust resulting from years of regulatory uncertainty, severe market conditions, and negative sentiment, the Trust Report is a step towards building greater public confidence and dispelling myths, thereby combatting common misconceptions associated with the broader skill based online games community. RummyCulture's user services—including providing game insights to users which help them develop their skills as players—are elevating the brand's stature as the nation's trusted rummy app. This robust customer-facing aspect is reinforced by equally strong

backend functionalities prioritizing the user experience. From strict player table protocols to intuitive algorithms that ensure players don't have an unfair advantage, the platform uses industry-leading practices and technologies to be as transparent as possible. RummyCulture also has a zero-tolerance approach towards fair play violations, using anti-cheat mechanisms to identify infringements and ban offenders permanently. Divya Alok, Co-Founding Member, Gameskraft said, "Our Trust Report is an acknowledgement of the solid relationship we have with our users, reaffirming our commitment to safeguarding their interests. With the release, we hope to promote transparency and accountability around skilled online gaming, building belief in the systems, processes, and technologies that we run on. It is vital for the sector's future that we assure the people using our products that we value their trust and give them the best experience." RummyCulture's continuous promise of player safety is further reflected in its stringent third-party audits and certifications. The app is ISO 9001:2015 certified, SSL secured, and RNG certified. Additionally, it has a no-bot system and offers payouts instantaneously despite handling massive player traffic. The app's technical integrity was highlighted when it hosted the world's biggest online rummy tournament in 2020—a Guinness World Record.

MIT-ADT University Hosts Spectacular Shiv Jayanti Celebrations

Pune: In a display of grandeur and benevolence, MIT Art, Design, and Technology (MIT-ADT) University in Pune commemorated the 392nd birth anniversary of Maharashtra's revered leader, Chhatrapati Shivaji Maharaj, with unparalleled enthusiasm. The campus reverberated with the harmonious melodies of traditional instruments, resonating chants of devotion, and vibrant cultural performances, marking a jubilant celebration of Shiv Jayanti. Under the esteemed leadership of Executive President and Vice-Chancellor Prof. Dr. Mangesh Karad, the festi-

ties commence with the ceremonial unfurling of the saffron flag, symbolizing the spirit of Hindu Swaraj, near the majestic equestrian statue of Chhatrapati Shivaji Maharaj. Distinguished guests, including Executive Director of 'MIT-COM' Prof. Dr. Sunita Karad, Pro Vice-Chancellor Dr. Anant Chakradev, Registrar Dr. Mahesh Chopde, and esteemed faculty members, joined in paying homage to the great Maratha warrior. In a remarkable display of altruism, MIT-ADT University also hosted a blood donation camp, garnering an overwhelming response from students and staff alike.

Focus on fitness says cine stars Harshvardhan Rane, Nikita Dutta, Ehan Bhat, during their visit to Suryadatta Group of Institutes

Pune (Voice news service):- Cine stars Harshvardhan Rane, Nikita Dutta, Ehan Bhat visited Suryadatta Group of Institutes to interact and share their success story and how to make a successful career.

The program was organized by Suryadatta Group of Institutes - Suryadatta Institute of Mass Communication and Event Management (SIMCEM) and Suryadatta Institute of Performing Arts (SIPA). In this program students participated actively with the cine star. Students were very happy as they shared the stage with cine stars which boosted their confidence and morale. Actors emphasized on healthy lifestyle and actively participating into various activities. Mental and



physical health are very important aspects in everyone's life. Actors also shared the success mantras for life and also said that challenges will come and go but don't quit and face them. Actors emphasized on Healthy lifestyle. Stars were impressed with the campus infrastructure and the enthusiasm of the students and the overall interaction. Prof. Dr. Sanjay B Chordiya, Founder President &

Chairman - Suryadatta Education Foundation - congratulated all the cine stars for their contribution to the cinema industry, and cine stars Harshvardhan Rane, Nikita Dutta, Ehan Bhat, were felicitated with the Suryadatta SuryaGaurav Samman 2024 during their visit to Bavdhan campus. Health is Wealth, said Dr. Sanjay Chordiya, Founder President & Chairman, Suryadatta Group

of Institutes. Dr. Chordiya emphasized the importance of good health and encouraged students and staff members to follow all the good practices to maintain good health. During this program Suryadatta Group of Institutes, Suryadatta Institute of Mass Communication and Event Management and other campuses Senior Management and other staff members were present especially Dr Seemi Rethrekar Principal College of Physiotherapy, Mr. Rohit Sancheti General Manager Operations, Mr. Akshit Kushal Chief Operating Officer, Mr. Atul Deshpande Principal Hotel Management and others. The program leads the students with a lot of enthusiasm and is filled with positive energy.

BAI to conduct first Coaches Development Program in March for grassroots coaches from across the country

Pune: As part of its endeavour to bring in uniformity in grassroots coaching and develop a strong assembly line of potential stars, the Badminton Association of India in association with REC Limited and Sports Authority of India (SAI) will conduct its first-ever Coaches Development Program (Grass-root Level) for over 100 aspiring coaches in March 2024 at four venues across the country. The 11 days program will fo-

cus on skill and knowledge enhancement of the participants around essentials of grassroots badminton coaching. These programmes will be held at the National Centre of Excellence, Guwahati, Raipur, Prakash Padukone Academy, Bengaluru and Pulella Gopichand Badminton Academy, Hyderabad from March 8-18, BAI announced in an official release. "Indian badminton is on the rise and BAI has taken

many steps to identify and nurture talent across the country. Grassroots level coaches play an important role in this process and the Coaches Development Program is aimed at empowering such beginner level former players and coaches who understand the game but do not have all the experience of being a professional coach," BAI secretary Sanjay Mishra said while the announcement of this maiden initiative was undertaken.

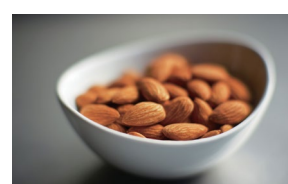
BAI has also asked all the state units to recommend four names within the age limit of 25-45 years, who have represented the state at the national or zonal level and have interest in coaching to be eligible for the program. Participants who will be clearing the assessment with 'A' grade at the end of 10 days will be eligible to appear for the BAI Level 1 certification exam for coaching on the final day of the program.

New Study Reveals Consuming Almonds Boost Post-Exercise Muscle Recovery and Performance

Pune (Voice news service):- A new study found that eating almonds reduced some feelings of muscle soreness during exercise recovery which translated to improved muscle performance during a vertical jump challenge. These results expand on prior research which looked at how almonds affect muscle recovery after exercise. In the new research study, published in Frontiers in Nutrition and funded by the Almond Board of California, 25 mildly overweight middle-aged men and women performed a 30-minute downhill treadmill run test after eight weeks of consuming 57g (two ounces) of whole raw almonds daily. The control group ate a calorie-matched (86 g/three ounces) snack of unsalted pretzels. The treadmill test was designed to cause muscle damage to see how almonds affected muscle recovery. Researchers measured participants' muscle function; blood markers of muscle damage and inflammation; and perceived muscle soreness using a visual scale, before, during and at three timepoints after the treadmill test. They also measured markers of cardiometabolic health, body composition, and psycho-social assessments of mood, appetite, and well-being at baseline and after eight weeks of almond snacking. The results: Study participants who ate almonds experienced an almost 25 percent reduction in muscle soreness when performing an explosive power exercise (a vertical jump challenge) over the cumulative 72-hour exercise recovery period. The perceived

reduction in soreness translated to better muscle performance during the vertical jump challenge in the almond group versus the control. No significant differences were observed in measures of cardiometabolic health, muscle damage/inflammation, mood state, or appetite for the almond group or the control group. This study included non-smoking participants who were mildly overweight and occasionally physically active but were not trained athletes. A limitation of this study is that the results are not generalizable to populations with other demographic and health characteristics. "Our study suggests that snacking on almonds can be recommended to occasional exercisers as a go-to snack to help fitness recovery after strenuous exercise," said Dr. Oliver C. Witard, Senior Lecturer in Exercise Metabolism and Nutrition at Kings College London. "Almonds are naturally nutritious with protein, good fats and the antioxidant vitamin E. They can be considered an ideal food for fitness." One serving of almonds (28 g) has 4 g of plant protein, 13 g of good unsaturated fat and only 1 g of saturated fat. Dr. Witard's study joins previous research which examined how regular almond snacking affected exercise recovery for healthy adults who exercise occasionally. "Sticking to an exercise routine is not easy, so finding dietary strategies to help people be - and stay - physically active is important for public health. Our preliminary findings are encouraging in showing that almond snacking may pro-

mote adherence to new training programs among people who are unaccustomed to exercise," said Witard. One ounce (28 g) of almonds provides 6g protein, 4 g of fiber and 15 essential nutrients, including 76 mg magnesium (20% DV), 7.3 mg vitamin E (50% DV), and 210 mg potassium (4% DV), making them a great snack for healthy active lifestyles. Ritika Samaddar, Regional Head-Dietetics, Max Healthcare - Delhi said, "Over the years, I have consistently recommended daily consumption of almonds to my patients, and the new study funded by Almonds Board of California shows it is extremely crucial to incorporate these powerhouses of nuts into their diet. The findings of the Witard study, which suggest that consuming almonds daily can reduce muscle soreness and enhance muscle function, excite me as a dietitian. The noteworthy discovery of a 25% decrease in muscle soreness over the course of the 72-hour recovery period emphasizes the significance of incorporating nutrient-dense foods, such as almonds, into a balanced diet to promote general health and fitness. The study also highlights the potential of almonds to encourage those who are not used to exercising to stick to new training regimens. Overall, as a dietitian, I strongly recommend incorporating almonds into the diet, as they offer vital nutrients, including protein, healthy fats, and antioxidant vitamin E, that are beneficial for both overall health and muscle rehabilitation when included in a regular diet."



Dr. Rohini Patil, MBBS & Nutritionist said that "As a nutritionist, I've long advocated for the inclusion of almonds in my patients' diets due to their exceptional nutritional profile. This latest study highlights the importance of almonds in muscle recovery and performance. The significant reduction in muscle soreness observed in participants consuming almonds highlights their potential to support post-exercise recovery, ultimately leading to enhanced muscle function. Moreover, the fact that this improvement in muscle performance was accompanied by no adverse effects on other health parameters reaffirms almonds' role as a safe and effective dietary component. I highly recommend incorporating almonds into your diet for their myriad health benefits, including aiding in muscle rehabilitation and promoting overall well-being." Overall, the latest study funded by the Almond Board of California suggests that snacking on almonds for eight weeks reduced perceived feelings of muscle soreness during recovery from muscle-damaging exercise, resulting in better maintenance of muscle functional capacity. This study suggests that almonds are a functional food snack to improve exercise tolerance in mildly overweight, middle-aged adults.

In its latest ad film, Mortein expresses gratitude to the unsung heroes of our communities

Pune (Voice news service):- Mortein, one of the world's leading brands in pest control, has released an ad film under its ongoing campaign, #MorteinKiRakshaJyoti, expressing gratitude to the caregivers of the society. The film encourages people to recognize the selfless work of the community workers, who are working round the clock and extend the "Raksha Jyoti" to them and safeguard them from mosquito-borne diseases. To stay protected from disease-carrying mosquitoes, every family relies on various pest control solutions, however, the individuals who tirelessly ensure the safety of the entire society are often exposed to diseases such as dengue, malaria and chikungunya. With this campaign film, Mortein emphasizes the importance of taking care of those who care for society, providing them with the shield

of Mortein's protection. Saurabh Jain, Regional Marketing Director, South Asia - Hygiene, Reckitt said, "For years, Mortein has been a trusted pest control solution across Indian homes and is committed to protect families against mosquito-borne diseases. With the release of our film, we want to draw attention to the health and safety of the community workers, the unsung heroes who work tirelessly to ensure our security. The film's core message 'Unki raksha kare jo roz hamari raksha karein' urges people to protect the protectors with Mortein Liquid Vaporisers, safeguarding them from disease-carrying mosquitoes." Conceptualised by Havas Worldwide India, the film beautifully captures the message in a poignant scene, where a mother and her kids demonstrate compassion to the security guard of their



housing society by providing him with a Mortein liquid vaporizer for his cabin. The film highlights the selfless dedication of the community workers who are consistently looking out for the world and ensuring our overall safety. The mother then urges her kids to protect the ones who protect the world, hence encapsulating the campaign message - 'Unki raksha kare jo roz hamari raksha karein' with Mortein. Anupama Ramaswamy, Chief Creative Officer, Havas World-

wide India said, "Mortein's mission against mosquito-borne diseases sparked our inspiration. Having grown up under the protection of diligent security guards, we now recognize the risks they face. Identifying an opportunity for meaningful change through compelling storytelling, our goal is singular: to enhance the lives of community workers under Mortein's Raksha Jyoti initiative. We envision extending this effort to contribute to a Malaria and Dengue-free India."

Walton in line for double crown to clash with Vacherot in singles final at PMRDA MahaOpen ATP Challenger 100 Men's International Tennis Championships

Pune (Voice news service):- Third seeded Australian Adam Walton will clash against fourth seeded Monaco's Valentin Vacherot of Monaco in the singles final of the PMRDA MahaOpen ATP Challenger 100 Men's International Tennis Championships, organised by Maharashtra State Lawn Tennis Association (MSLTA), at Mahalunge Balewadi Stadium. In the first semi-final day, third seeded Walton overcame a stiff challenge from second seeded Duje Ajdukovic to win 7-5, 7-6(6) in one hour and 49 minutes. The Australian won the first set 7-5 and then led 5-2 in the second before the Croatian started his fightback. Ajdukovic saved four matchpoints to level the set at 5-5 and then force a tiebreak.



The Croatian even held a setpoint in the tiebreaker but Walton stood his ground for a 7-5, 7-6 (6) victory to record his eleventh win in his last twelve matches. The world No. 154 had won the Burnie Challenger and then reached the quarter-finals in the Bengaluru Challenger in the preceding two weeks. In the second semi-final, fourth seed Valentin Vacherot avoided an all-Australian final

beating seventh seed Dane Sweeny in three sets. Vacherot lost the first set 4-6 but then bounced back to take the next two sets to complete the 4-6, 6-2, 6-4 win, also in one hour and 49 minutes. The fourth seed has won two consecutive ATP Challengers in Thailand at the start of the year and has now won 18 of his last 19 matches on the tour. unseeded duo of Tristan Schoolkate and Adam Walton won the doubles final. The

Australians upset Third seeds Dan Added/ Yunseong Chung 7-6(5), 7-5 to win the title and 100 ATP points. The trophies were given away at the hands of. Mr Sanjay Khandare IAS Principal Secretary Dept of Water and Sanitation Public Health Government of Maharashtra , Mr Prashant Sutar Chairman of MSLTA , Tournament Director Sunder Iyer and ATP Supervisor Rogerio Santos Singles Main Draw Semi-Finals [3] Adam Walton (AUS) def. [2] Duje Ajdukovic (CRO) 7-5, 7-6 (6) [4] Valentin Vacherot (MON) def. [7] Dane Sweeny (AUS) 4-6, 6-2, 6-4 Doubles Main Draw Final: TristanSchoolkate (AUS) / Adam Walton (AUS) bt [3] Dan Added (FRA) / Yunseong Chung (KOR) 7-6(4), 7-5

Manpreet & GG'S Jaguars lifts title at the 10th Edition Poona Club Premier League 2024



Pune (Voice news service):- Bhargav Pathak scored a brilliant not out 65runs in 19balls to guide Manpreet & GG'S Jaguars scored a 7 wickets win over Sailors to lift title third time at the 10th Edition of 'Poona Club Premier League 2024', which is being organized by The Poona Club Ltd and played on their Cricket ground. Jaguars restricted Sailors to 87runs

claiming 3 wickets in 6overs and then hammered 90runs losing 1wickets and winning the 10th edition. The winner team Manpreet & GG'S Jaguars received trophy. The prizes were given away at the hands of Mr.Sunil Handa, Hon. President of Poona Club , Mr Gaurav Gadkhe, Vice President and Chairman of PCPL 2024. Mr.Manish Mehta, Mr. Shailesh Ranka, Mr.Tushar As-

wani, Amit Parmar, Veena Mansukhani, Akshay Chandiramani, Amit Ramnani , Rishi Chainani, Neav Navani, Ameya Kulkarni, Ranjit Pande (Tournament Director) were present on the occasion. Results: Final Round: Sailors: 87/3 in 6Overs(Rounak Dhole Patil 51(18,5x4,3x6), Tariq Parwani 30(16,3x4,1x6), Saurabh Singh 1-6, Akash Dalwani 1-13) lost to Manpreet & GG'S Jaguars: 90/1 in 6Overs(Bhargav Pathak not out 65(19,7x4,5x6), Umesh Pillay not out 22(13,2x4,1x6), Amitabh Agarwal 1-12);MOM- Bhargav Pathak; Manpreet & GG'S Jaguars won by 7wickets.

Other Prizes: Best Six of the tournament- Puneet Sawant; Best catch of the tournament- Amitabh Agarwal; Best Sporting player of the tournament - Dr Shrivastav, Best young talent of the tournament - Pratih Thadani, Fairplay team- Wolves, Best Fielder- Bhargav Pathak, Best Bowler- Aroon Khattar, Best Batsman - Bhargav Pathak, Best All Rounder- Rounak Dhole Patil, Man of the Series - Rounak Dhole Patil.

"RCB 12th man army had a crucial role in stitching the match turning partnership"- Meghana

Pune (Voice news service):- From the moment captain Smriti Mandhana stepped up for the toss, the RCB 12th man army was boldly and vocally behind their home team at a packed M Chinnaswamy Stadium in their WPL Season 2 opener. The rousing and overwhelming support, exemplifying RCB's cohesive community, pumped up Sabbineni Meghana representing RCB for the first time to stitch a game-turning 71-run partnership with Richa Ghosh. The fourth-wicket stand boosted RCB from 54 for 3 to a solid total of 157 for 6, as they kicked-started their campaign with a win in the season season. Meghana acknowledged the contribution of the fan support, and spoke about what it meant for her as a RCB fan herself to score a half-century on RCB's home debut in the WPL. "It (the fans' support) really got me pumped up. I don't know, like I was in a completely different zone. There's nothing I could hear," Meghana said at the post-match press conference after the thrilling win on

late Saturday night. The knock encapsulated Meghana's journey from a passionate RCB supporter off the field for a decade to being part of the tribe, playing a powerful matchwinner for her dream team. "It was just me and the ball. Yeah, it's obviously RCB. I have been always a huge RCB fan, me and my sister, from the last ten years, so it was really a nice feeling playing here." Speaking about what shots gave her the most satisfaction, Meghana said, "That step out six off Rajeshwari (Gayakwad). That was good. And also the late cut I've played, which I don't usually play." "It's just that there's no pressure batting with her. We are getting those boundaries, singles, there's no pressure. Like almost eight to ten runs per over easily we were getting. We wanted to continue that as long as possible so that we can get a good total on the board," Meghana said. Revealing the advice from skipper Smriti about how to bat at No 3, Meghana said she was told to just go after



the ball if it was in her range. "Smriti just told me this is my first time going one down. I was an opening batter all these years. So she was just telling me, like, utilize the power play as much as you can." "Get those boundaries like how you bat naturally in the powerplay. So even in the role clearly meetings we had, that's what we were discussing, that if there's an early wicket, you walk in and you still use the power play. There's no pressure on you to stay there or whatever. So I was just in my head, that if it's in my range, I just have to go for it," Meghana said.

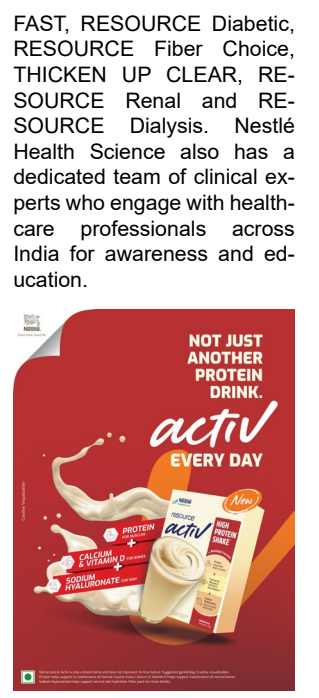
"I have known Asha for the last 15 years. She has been such a great bowler. I think it's a great platform for her to show her potential and she's doing it brilliantly. So she's always been a match winner. We play for South Central Railway team as well, so, yeah, even there she used to be like, she's a really good match winner for us and, yeah, I think she's just doing what she's used to do," the RCB batter further mentioned. RCB and their 12th man army now await their opponents from Gujarat in their second game at the Chinnaswamy Stadium on Tuesday evening.

Nestlé Health Science launches Resource Activ, the 'New-Edge' nutritional solution for active millennials

Pune (Voice news service):- In line with its purpose of unlocking the power of food to enhance quality of life for everyone, today and for generations to come, Nestlé India has launched Resource Activ, a multi-benefit, high protein supplement designed to cater to the wellness needs of active millennials. With its unique 'New Edge Formula', Resource Activ has high quality proteins for muscles, enriched calcium and vitamin-D for bone health and hyaluronate for skin health. It also contains fiber and immunonutrients. Resource Activ seeks to address the nutritional need gaps of the millennials through supplementation. Despite the rapidly growing protein supplement market, there is a need for offerings tailored for individuals. Studies suggest that after the age

of 30, there is involuntary loss of muscle mass. It also leads to reduced bone density, tissue breakdown and signs of aging like loss of skin hydration and elasticity. Resource Activ is customized to fulfill the nutritional needs of this age group, aiding muscle health, energy, bone health and skin health. Consumers can enjoy Resource Activ with water or milk in a delicious vanilla biscuit flavour. Talking about the launch, Mr. Suresh Narayanan, Chairman and Managing Director, Nestlé India said, "Nestlé India has been on a continuous journey to add value to the lives of its consumers through powerful brands and products. We are happy to launch Resource Activ, for active adults, including millennials. Resource Activ is an output of extensive research and is backed by the

assurance of Nestlé's quality and safety. We are confident that the brand would be able to supplement the nutritional needs of the active millennials and help them lead an active life." Resource Activ will be available on e-commerce and across 11 cities at national pharmacies and local chemists in Delhi NCR, Kolkata, Mumbai, Pune, Hyderabad, Bangalore, Chennai, Coimbatore, Kochi, Kozhikode, and Thiruvananthapuram. Nestlé Health Science is a global leader in the space of nutritional science. It focuses on advancing the therapeutic role of nutrition to change the course of health management for consumers, patients, doctors, nurses and its partners in healthcare. The key products include RESOURCE High Protein, PEPTAMEN, OPTI-



Dr. Mashelkar to inaugurate MIG SMARTECH conclave on 6th March

Pune (Voice news service)- The eminent scientist Padma Vibhushan Dr Raghunath Mashelkar (President, Indian National Science Academy) is scheduled to inaugurate the Two day MIG SMARTECH Conclave organised by Mahesh Industrial Group (MIG) - a Pune based NGO, according to Mr. Manoj Behede, MIG President. The conclave scheduled on 6th & 7th March 2024, is focussed on MSMEs with a theme "Building Global Leaders in Manufacturing". Mr. Abhijit Sinha, National Programme Director-Ease of doing Business, NITI Aayog, shall be the Guest of Honour at the Inauguration Ceremony. Dr. Ganesh Natrajan (Chairman, Honeywell Automation) shall unfold the theme. While National Research and Development Corporation (NRDC) is the Innovation Partner of the conclave, C414 Lab under the aegis of Ministry of Heavy Industries, is the conclave Partner. Computer & Media Dealer's Association (CMDA), Pune, is also associated with MIG SMARTECH. The Two Day Conclave rests



on Four pillars i.e. Market Access, Sustainability, Automation & Industry 4.0 and Smart Technology. It aims at empowering MSMEs and Start-ups to be globally competitive. The Conclave comprises of a Technical Conference to provide a platform for entrepreneurs, innovators, and experts, to share knowledge, tools and solutions along with an Exhibition to provide opportunities to showcase Emerging Tech. A galaxy of eminent personalities such as Dr. Anand Deshpande (Founder & Chairman - Persistent systems), Mr. Rishi Bagla (MD, Bagla Group), Mr Pradeep Bhargava (MD-Cummins Generator Technologies Pvt Ltd), Mr. Raman Nanda (Leadership Mentor & Coach), shall interact with the delegates in various sessions.

A special session "Empowering MSMEs for Atmanirbhar Bharat" is planned where Mr. Pradeep Peshkar (Member of National MSME Board) & Mr Cmde Amit Rastogi (Retd.) (CMD-NRDC) will discuss how MSMEs can chart a fast track growth with Government Facilitation as well as through Innovation & absorption of Technology. Mr. Martello Kabilo (Vice President -Operations, Atlas Copco India Pvt Ltd), Mr. Milind Talathi (Director, Elantans Beck India Ltd), Mr. Satish Mandhana (MD, Eversource Capital), Mr. Gaurav Tripathi (Co-Founder & Group CTO, Innoplexus), Mr. Abhijeet Kabra (CEO, Saska Technologies Ltd), Mr. Sunil Mehta (General Manager, Mitsubishi Electric India) Mr. Mayur Sejal (IPO Advisory

& Wealth Management), Dr. Siddhartha Jabade (Vice Chancellor, Vishwakarma University), Dr. Vasant Bang. (Organizational Development & Strategic Management Advisor) will also be some of the Expert panellists at the conclave. While a wide spectrum of topics ranging from Product Innovation and Brand Building to Artificial Intelligence and Cloud computing and, from Robotics & Automation to Net Zero and concern for people & Planet, will be deliberated by the experts, some case studies and success stories will add value to these deliberations. Another interesting feature of the conclave, is the Startups Arena where Start-ups can showcase their products and an Investor Meet to explore opportunities for investments in the Startups. Mr. Jitendra Lakhota, MIG Vice President sees many takeaways for MSMEs through MIG SMARTECH Conclave and has appealed to them to enrich themselves and prepare for the growth path through participation in the MIG SMARTECH conclave.

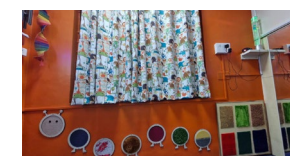
Inauguration of Sensory Unit at TDH Rehabilitation Morris Child Development Centre of KEM Hospital Pune



Pune (Voice news service)- The Department of Occupational Therapy at KEM Hospital, Pune inaugurated the Sensory Unit for kids. The Unit is in the form of a "Sensory Room" which will be useful for kids with special



needs including Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD) and sensory processing disorders through sensory integration therapy which includes a range of activities. The Unit was inaugurated by Dr Sudha Chaudhari Senior consultant Pediatrician at KEM Hospital, Pune. Speaking on the occasion, Mrs. Bharati Patil, Occupational therapist at the center said that sensory issues in kids are due to their inability to process sensory inputs or information that comes through their senses.



The five visible senses are sense of touch, vision, hearing, smell and taste. If these senses do not work together children become hyperactive or hypoactive, because of which they cannot tolerate bright-light or sound, are fearful of swings and play equipment, or love jumping pushing, hitting other children and distracting children in class. While there is no real medication, occupational therapies can make children feel and do better. Most of these kids come from a tender age of 2.5 years up to 8 years. These kids cannot even express themselves and become

overwhelmed added Bharati Patil. To help these kids process information better with their senses, the 'Sensory Room' will have instruments, activities and infrastructure which will help in that direction. Dr. Vishwanath Yemul, Medical Administrator, KEM Hospital, Pune said that the 'Sensory Room' will not only help children with sensory issues, but also bring a sense of hope especially to parents of these kids who find themselves in a challenging situation. Our endeavour is to integrate state-of-the-art facilities and equipment along with experts to deliver the best outcome for children. The Centre is open throughout the week from Monday to Saturday-between 9.00 am to 4.00 pm

Result of Company Secretaries Professional Programme and Executive Programme

Pune: The result of Company Secretaries Examinations for Professional Programme and Executive Programme (Syllabus 2017 & Syllabus 2022) December, 2023 Session is scheduled to be declared at 11 :00 A.M. and 2:00 P.M. respectively on Sunday, the

25th February, 2024. The result will be hosted on the website of the Institute: www.icsledu. The result along with individual Candidate's subject-wise break-up of marks will also be made available on the website immediately after declaration of the result.

Candidates of Executive Programme (Syllabus 2017 & Syllabus 2022) Examination can download their e-Result-cum-Marks Statement immediately after the declaration of result from the Institute's website: www.icsi.edu for

their reference and records and no Result-cum-Marks Statement in physical form will be issued. However, hard copy of the Result-cum-Marks Statement shall be issued to the Candidates of Professional Programme Examination.

Mission Arthritis India organizes annual National Patients' Convention



Pune (Voice news service)- Holistic approach along with Scientific approach is key to management of arthritis, opined various experts at the National Patients' Convention at Poona Club on Sunday organised by Mission Arthritis India (MAI). The program was inaugurated in presence of Chief Guest Dr. Kavita Krishna, Professor and Head of Department of Clinical Immunology and Rheumatology, Bharti Vidyapeeth Medical College and Hospital, Pune, Dr. Arvind Chopra, Director and Chief Rheumatologist Center for Rheumatoid Diseases (CRD), Mrs. Deepa Mehta, Chairperson of MAI, Dr Anuradha Venugopalan Vice Chairperson, Shweta Kulkarni Secretary and trustees Sharayu Bhat, Rani Parasnis along with Physiotherapist Dr. Nilima Bedekar were also present. The theme of the conference was Arthritis Management: Exploring the Impact of Weather, Pollution, Diet and Traditional Home Therapies. The souvenir of 'Mission Arthritis India' (MAI) 2024 was also released on the occasion. In this conference Mrs. Shivani Barve, former chairperson of Mission Arthritis India (MAI) was conferred with Late Mr. P.C. Nahar Oration Award, Jimit Thakkar, Co founder of Stand for AS was presented

with Shri Harihbau Rathiji Vata Viruddha YODDHA Award while Surpiya Shinde was presented with Vata Viruddha YODDHA Award from Center for Rheumatic Diseases (CRD). Chief Guest Dr. Kavita Krishna said that the exact reasons for autoimmune diseases are not known apart from genetic or environmental factors. Apart from medicines it is important to ensure proper nutrition, family support and understand the economic condition of the patients. We should also have an open mind for alternative therapies in treatment of arthritis. A holistic approach to management of arthritis is the key. Dr. Arvind Chopra said that it takes time for the medicines to show effect and for the pain to subside in case of rheumatoid arthritis. So at the start if a doctor has prescribed pain killers patients should not be fearful and should continue to do their exercises as exercise and movement is very important in the fight against arthritis. Eminent speakers also included Dr. Vajjayanti Lagu, Dr. Shilpa Khandelwal and Dr. Shilpa Thorat. The day-long program included various lectures by eminent experts on arthritis diet, yoga, impact of pollution, weather and season change on arthritis patients, traditional therapies in arthritis etc.

Dozee Unveils Fall Prevention Alert Feature for Enhanced Patient Safety

Pune (Voice news service)- Dozee, India's first AI-based contactless remote patient monitoring (RPM) & early warning system (EWS), announced the launch of its innovative Fall Prevention Alert (FPA) feature aimed at revolutionizing patient safety in hospitals. The unveiling took place at the prestigious 11th International Health Dialogue in Bengaluru, where healthcare professionals and experts gathered to discuss advancements in healthcare. As per World Health Organization (WHO), patient falls are the most frequent adverse event in hospitals. They state that falls are the second leading cause of deaths due to unintentional injuries, and represent one of the most prevalent patient safety incidents in healthcare facilities worldwide. As a result, fall prevention needs to be the foremost parameter for improving patient safety. According to a recent study, falls occur at a mean rate of 6.6 per 1000 occupied bed days (OBDS) in the United States alone, with up to 30% resulting in physical injury, including fractures. According to recent research, in India, the impact of falls is

particularly significant, with an estimated 1.5-2 million older adults experiencing fall-related injuries annually, and 1 million succumbing to fall-related fatalities. Beyond the human toll, falls also impose substantial financial burdens, including increased patient care expenses and liability costs. The Fall Prevention Alert (FPA) feature by Dozee revolutionizes patient safety with its real-time monitoring capabilities and proactive alerts. Leveraging advanced technology, including the Dozee Sensor Sheet's bed exit logging, FPA offers customizable alerts for high-risk patients, ensuring prompt intervention. With audio and visual cues, nurses are instantly notified when patients attempt to leave their beds, enabling timely assistance and reducing the risk of falls. Org-level configurations further streamline workflow, making FPA a comprehensive solution to enhance patient safety in healthcare settings. Dozee enables healthcare workers to remotely monitor patients' vital parameters such as heart rate, respiration rate, blood pressure, SPO2 levels, temperature, and

ECG. Dozee's Early Warning System (EWS) tracks the trends of vital parameters and provides alerts to healthcare providers for early detection of patients' clinical deterioration, enabling timely medical intervention. Dozee uses AI-based Ballistocardiography (BCG) for contactless vitals monitoring. Dozee's technology is patented and made in India. Dozee's innovative technology significantly impacts patient safety, clinical outcome, and operational efficiency. Research done by independent consulting firm Sattva shows that for every ~100 Dozee connected beds, it can save ~144 lives and ~80% of the time taken for vitals by nurses and reduce ICU ALOS by ~1.3 days. Dr. Sandeep Reddy, Consultant, MS Ramaiah Hospital commented on the launched announcement stating 'As clinicians, we've witnessed firsthand the devastating impact of falls on patients' health and well-being within hospital settings. The Fall Prevention Alert feature by Dozee offers a critical layer of protection, enabling healthcare teams to proactively monitor and intervene when patients are at risk

of falls. This technology not only enhances patient safety but also streamlines our clinical workflow, allowing us to deliver more effective and responsive care'. Mr. Mudit Dandwate, CEO & Co-Founder, Dozee, added, "The Fall Prevention Alert feature is another milestone in our ongoing efforts to enhance patient safety. With real-time monitoring and proactive alerts, healthcare professionals can now intervene promptly, mitigating the risk of falls and improving patient outcomes. We are committed to leveraging technology to address pressing healthcare challenges and improve patient outcomes. The Fall Prevention Alert feature is set to transform patient safety quotients in hospitals and healthcare facilities worldwide." The launch of the Fall Prevention Alert (FPA) feature by Dozee marks a significant stride towards enhancing patient safety in healthcare settings. With its cutting-edge technology and proactive approach to fall prevention, Dozee continues to demonstrate its commitment to revolutionizing healthcare practices in India and beyond.

CII Western Region and TIFAC sign MoU for promoting Innovation, Technology Development and Assessment in Industry



Pune (Voice news service)- An MoU was signed between CII Western Region and TIFAC (Technology Information, Forecasting & Assessment Council - An Autonomous body under Department of Science & Technology, Govt.) for a formal collaboration for promoting Innovation, Technology Development and Assessment in Industry in presence of Dr Pradeep Srivastava Executive Director TIFAC, Mrs Pratima Kirloskar Chairperson, CII WR Sub-Committee on R&D, Innovation & Digitalisation and Promoter Group, Kirloskar Brothers Ltd and Dr Rajesh Kapoor Regional Director CII Western Region. The MoU will facilitate setting up TIFAC-CII centres of Excellence in tier-2 institutions focussed on emerging future trends which can offer specialised courses.

The MoU includes partnership for technology interventions through projects in select areas such as healthcare services and delivery, education, livelihood, skill development, entrepreneurship/income generation etc focussed on Maharashtra, Goa, Gujarat and Madhya Pradesh. The collaboration also includes TIFAC-CII training programmes for academia in WR regions on Technology Foresight, IP Protection, Management, Valuation & Transfer, Technology Assessment, Technology Demonstration, Technology Programme Implementation & Execution. And TIFAC-CII customised training programmes on Technology Foresight, Technology Prioritisation for State Government Departments; Ministries (both State & Central), Industries, PSUs, Civil services/information services officers.

CII PUNE ZONE GETS A NEW LEADERSHIP FOR THE YEAR 2024-25



Pune (Voice news service)- Following the Annual Meeting, the Council announced Mr Kiran Acharya, Managing Director & CFO, Sandvik Coromant India Pvt Ltd as the Chairman of CII Pune Zonal Council for the year 2024-25. Mr Kiran Acharya has completed his CA, CS and LL.B & is carrying 35 years of enriching Local & International experience in the field of Finance, Tax, Compliance, Audit, Secretarial and Legal. Mr Acharya, in his 20 years of working experience with Sandvik, has held various positions locally and globally including international taxation and transfer price besides CFO. Mr Rajnikant Behera, Executive Director, RSB Transmissions (I) Ltd has been nominated as the Vice Chairman of CII Pune Zonal Council for the year 2024-25. Mr. Rajnikant Behera serves as the Executive Director - Group Finance, bringing with him a wealth of experience and expertise. Outgoing Chairman of CII Pune Zonal Council Mr Shujaal Rehman Chairman, Chief Executive Officer, Garware Technical Fibres Ltd gave the welcome address and presented an annual review of the activities of CII Pune last year. A session on Building 'BHARAT' through Sustainable & Innovative Approach was organised at the Annual Meeting. An MoU was signed between CII Western Region and TIFAC (Technology Information, Forecasting & Assessment Council - An Autonomous body under Department of Science & Technology, Govt.) for a formal collaboration for promoting Innovation, Technology Development and Assessment in Industry in presence of Dr Pradeep Srivastava Execu-



tive Director TIFAC, Mrs Pratima Kirloskar Chairperson, CII WR Sub-Committee on R&D, Innovation & Digitalisation and Promoter Group, Kirloskar Brothers Ltd and Dr Rajesh Kapoor Regional Director CII Western Region. In his special address Dr K Nandakumar, Chairman, CII Maharashtra State Council said that Despite the numerous risks, Indian economy is expected to remain resilient supported by robust domestic demand and strong growth in manufacturing and services sectors. The Government of India has set a target of making India the third largest economy by 2027. With a proactive government and an enabling policy framework, I am confident that this target is well within our reach. Mr K S Venkatagiri, Executive Director, CII Sohrabji Godrej Green Business Centre said that companies are realising the importance of going green not only from the point of view of business from but also from overall existential perspective. Mr Sudeep Mehrotra Chief Executive Officer- Asset Management Welspun One we are witnessing India which we have never seen before. He mentioned five elements that affect businesses which include infrastructure, regulations, environment and ecosystem, technology and consumers. Dr Pradeep Srivastava Executive Director TIFAC said that TIFAC has been doing activities beyond drawing road map, including policy for bio fuels with NITI AAYOG. Mr Sameer Dhamaangaonkar, Co-Chair, Yi Pune Chapter 2024 and Founder, Snovel Creations gave an overview of the activities of Yi Pune Chapter. Mr Shujaal Rehman proposed the vote of thanks.

Team of Doctors at KEM Hospital, Pune successfully conduct Piccolo Device Closure procedure on a 23 weeks premature baby, born with congenital heart complications



Pune (Voice news service)- A team of doctors at KEM Hospital, Pune successfully conducted Piccolo Device Closure procedure on a 23-week born baby (male) with Patent ductus arteriosus (PDA) condition. The Piccolo Device Closure procedure and that too on a 23-week baby is the first in Pune. The multi-departmental treatment was led by Paediatric Cardiologist Dr. Pankaj Sugaonkar and Senior Neonatologist Dr. Tushar Parikh. Survival of 23-week premature baby in itself is rare; reported from Pune only once previously in 2018 by the same team at KEM Hospital Pune, led by Dr. Tushar Parikh. The hour long procedure performed in the cathlab and led by experts was assisted by a team of neonatologist, sisters and cathlab technicians. Explaining the case Dr.

Tushar Parikh, Senior Neonatologist at KEM Hospital, Pune said that the premature baby was in critical condition when born. As a part of our NICU procedure for such babies, we conduct point of care functional eco-cardiography. This is done to find out the cardio-vascular adaptation of the babies. The baby was diagnosed with Patent ductus arteriosus (PDA). PDA is a congenital heart defect where there is a persistent opening between two major blood vessels. An opening called the ductus arteriosus is part of a baby's blood flow system in the womb. It usually closes shortly after birth. If it remains open, it's called a patent ductus arteriosus. A large opening if untreated can result in many complications. Dr. Parikh added that in such cases we give a standard dose of medicines. However,

the opening between the two blood vessels could not be closed. This was causing excess blood load on the lungs and the baby was ventilator dependent for about one and the half months. We were just not able to get the baby off-ventilator due to this heart condition. After counselling the parents, we decided to go for Piccolo Device Closure procedure. The weight of baby had also increased from about 586 gm when born to 1600 gm during this time. Dr. Pankaj Sugaonkar, Consultant Paediatric Cardiologist at KEM Hospital, Pune said that in this case, since the medicines were unable to close the opening the only option was surgery. Before Piccolo Device, heart surgeries was the only option to close this opening where incisions are made from the back side between the ribs. But in this case the condition of the baby was extremely critical and challenging. The baby was constantly on a ventilatory support and not stable for surgery. The innovative Piccolo Device Procedure is a boon for such babies and was life-saving in this case. Dr Sugaonkar added that the procedure is performed in a

cathlab. The device is in the form of three disc shaped or dumbbell shaped layers made of metal. It is loaded in a delivery system and inserted through a small 3mm incision at inguinal region and guided through vessels to the heart to seal the opening. To help this happen catheter and a sheath in a crossed manner is guided through the vessel on which the device is placed and taken on the descending thoracic aorta after which the device is taken to seal the opening. In an extreme premature neonate it all becomes very challenging' he added. In six to nine months, a tissue layer grows over the device and becomes the part of the heart. This is a one-time procedure and the device need not be changed, neither are any medications required. The procedure has many advantages. Lesser surgical marks, lower risk of infection and faster recovery makes this procedure more viable in such critical cases added. The baby is now 10 months old and doing absolutely fine, added Dr. Parikh. We are happy to see the baby doing fine. His regular follow up echo showed device was in place and baby is gaining weight, added Dr. Sugaonkar.

Technology should not increase disparity; it should empower all and exploit none

Pune: Army Institute of Technology (AIT) Pune celebrated its 30th Foundation Day on 19th Feb 2024. Lt. Gen. A. K. Ramesh, Commandant CME was the Chief Guest. Padma Vibhushan Dr. Anil Kakodkar, a renowned nuclear scientist of India & former Chairman of the Atomic Energy Commis-

sion of India was the Guest of Honour and was awarded the Lifetime Achievement Award. The Young Entrepreneur Award was given to Ankush Tiwari, an alumnus of the AIT 2002 batch. Dr. Anil Kakodkar emphasized that for the country to become a superpower, lead-

ership in scientific research and technology is a must. He emphasized that technology should not increase disparity. It should empower all and exploit none. He mentioned that he was brought up under the influence of Gandhian Philosophy. Mahatma Gandhi was not

against technology but was against the exploitative aspect of technology. India is one of the few countries that has learned the various aspects of modern technology, can bring in deep technology, and give a distinct advantage for the country, he added.

Bajaj Allianz Life and Satin Creditcare Collaborate to Boost Life Insurance Accessibility in Rural Areas Empowered by Coverfox

Bajaj Allianz Life, one of India's leading private life insurers, and Satin Creditcare Network Limited, a leading Non-Banking Finance Corporation - Micro Finance Institution (NBFC - MFI), announced their strategic partnership today with Coverfox, an insurance broker playing a pivotal role in enabling this partnership. The agreement was signed in Gurgaon, committing to work together to improve financial inclusion in rural India. Speaking about the partnership, Dheeraj Sehgal, Chief Distribution Officer, Institutional, Bajaj Allianz Life, stated, "The collaboration between Bajaj Allianz Life, Satin Creditcare, proficiently supported by Coverfox, is dedicated to providing financial security and enabling customers to pursue their goals with complete ease." Mr. HP Singh, Chairman cum Managing Director of Satin Creditcare Network Ltd., expressed his pleasure about the collaboration, saying, "We are ecstatic to announce our partnership with Bajaj Allianz

Life & Coverfox as this marks the beginning of a transformative journey centred around our customers' interests at heart. ". Mr. Sanjib Jha, CEO, Coverfox Group of Companies said, "Bajaj Allianz Life, Coverfox & Satin Creditcare's partnership aims to empower customers in rural and remote areas of the country. It is important to provide them with financial risk coverage with ease of onboarding and interaction facilitated by technology. We are pleased to support the endeavors of these two companies with our tech and be a part of their mission to increase financial inclusion across the country. We believe that this partnership will not only strengthen our individual positions in the market but also foster innovation and growth within our Micro-finance industry. We see tremendous potential in joining forces with Bajaj Allianz Life & Satin Creditcare. Together, we aim to deliver unparalleled value to our customers".

